



How Can I adopt Compassion as a Lifestyle?

- Take baked goods to an elderly neighbour
- Rake leaves for someone who can't do it for themselves
- Send card of encouragement to your Pastor
- Tell church leader how they have impacted your life
- Babysit for a single mom
- Send flowers to a widow
- Take a gift to someone who needs a "pick me up"
- Volunteer at a local food bank
- Collect food for a local food bank
- Share lunch with someone who is going without
- Visit a nursing home / home for aged to visit & talk
- Volunteer to care for a pet for someone going away (Pet-sit)
- Make effort to reach out to kids that need a friend
- Clean a senior's home or do other odd jobs for a senior
- Set up free car wash
- Offer a family a free night of babysitting
- Donate used books to a library
- Take a care package to a new neighbour or a homeless person
- Tutor someone who needs support with homework
- Pick up trash in neighbourhood / community